



pray for OHIO

October Prayer Guide

Mental Health



ADORATION

"The Spirit of the Sovereign Lord is on me, because the Lord has anointed me to proclaim good news to the poor. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners..." Isaiah 61:1, NIV

- Worship God meditating on *Isaiah 61:1-3*. List out ways Jesus has bound up your broken heart and set you free. Be still before Him and meditate on attributes about His character from *Exodus 34:5-7, Psalm 145:8-9, & Micah 7:18-19*.
- Praise God that in the midst of our dark culture, the light of the gospel is shining brighter and brighter. Lost souls are increasingly turning to Jesus for salvation!



INTERCESSION

- Pray *Luke 1:78-79* over those "sitting in darkness and in the shadow of death." Ask Jesus to shine on them and guide them into freedom, healing, and peace.
- Proclaim *Genesis 1:27* over this generation. Pray against the sexualization and gender-confusion agenda of the enemy that is attacking our culture (*Ephesians 6:10-19*). Ask Jesus to remove any blindfolds from the god of this age (*2 Corinthians 4:4*) and for people everywhere to come to a knowledge of the truth (*1 Timothy 2:4*).
- Pray specifically for those who practice in the area of mental health to have the freedom to minister according to their deep convictions and declare the truth to set people free (*John 8:32, John 18:37-38*).



MEASURABLE PRAYERS



SALVATION

Pray for the %age of Christians to increase faster than our population growth.



SHALOM

Pray for a dramatic decrease in addictions, crime, trafficking, and mental health issues.



STUDENTS

Pray for every school to be covered in prayer and for 3rd grade literacy to greatly improve.



SHELTER

Pray for a measurable increase in safe and affordable housing and a decrease in homelessness.



WEDNESDAY NOON PRAYER – Every Wednesday at noon, believers across our state and nation are pausing to pray. Scan the QR code or text **"PrayUSA"** to **833-248-5475** for a scripture and prayer prompt reminder on Wednesdays

